

Tips for studying successfully from home

1. Prepare well



Make a list of what you want to study and achieve. Make sure you have the right materials and if you missed a lesson, ask others for their notes.

2. Study together



Find someone with whom you can study online effectively. You don't necessarily need to study the same material to motivate one another. It's about being in close proximity to one another (online) and the social control. In some cases, student associations, homework classes or groups may also study together. If you sit with someone in the same room, then don't forget to keep 1.5 meters distance from one another.

3. Clean start



Make sure you have a quiet and clean workplace that's not the same place where you usually relax. Don't forget to dress yourself as you normally would do when going to class. Try to minimize any distractions (also digital and social), keep your desk clean and keep everything organized to ensure the best mindset. Having trouble starting? Then set your alarm and start with half an hour of studying followed by a short recess. Schedule plenty of breaks to recharge yourself.

4. Create a routine



Stick to a structured schedule and lower the threshold to start with work you are reluctant to do. You can do so by preparing your study materials the evening before. For instance, make sure your book is open to the right page when planning on studying the next day.

5. Study actively



Read your notes from your online lesson within an hour and rewrite your notes. Make additional notes to your notes from what you learned and heard during the lesson. Make use of flash cards and explain the material covered to someone else. Record reading your notes and listen to the video again. Make a video in your head of the material covered or make a list of the things you want to memorize and hang it up somewhere noticeable.

6. Starting a task



Check your agenda and select a clear task, relax and start studying. Thinking about a task that you are reluctant to start with also requires a lot of energy without delivering any study results. [Here](#) is a list of reasons why people postpone work they are reluctant to do along with some possible solutions. You'll notice that once you've started with the task, it's often not as bad as you expected!



7. Apps for studying successfully

Click [here](#) for useful apps.