



# Supported Education in the Netherlands

Rutgers University, June 22nd 2015

Presenter: Lies Korevaar



## Overview Supported Education

- History of SEd in the Netherlands;  
Lies Korevaar
- Future SEd projects
- Q & A

## History of Supported Education in the Netherlands

## 1999

- No or little (structural) attention for the life area of learning in the MH Care System / Psychiatric Rehabilitation
- No or little (structural) attention for students with psychiatric disabilities in regular educational settings

## 2015

- Mental Health Research
- Economic issues
- Educational issues
- Student's point of view

## From mental health research:

- Most college students are young adults
- Young adulthood represents a high risk developmental stage for the onset of psychiatric symptoms
- Typical onset for many serious mental illnesses is between ages 17-25, as most adults are beginning higher education & careers

## Economic issues...

- Increasing #'s of young adults attend college; college degrees are required for success
- Early-onset psychiatric disability contributes to under- and unemployment through its effects on education
- People with psychiatric disabilities who enter the labour market, most of the time, end up in low-paid jobs

Hanze University Groningen,  
Research Department of  
Psychiatry

## Educational issues...

- Early school leaving is a big problem in Europe
- An estimated 6% of students in Higher Education report psychiatric symptoms serious enough to need mental health services (2001/2005)
- Emotional/psychological disabilities constitute the largest disability group
- 50% of them need extra support to finish their education
- Yet on most colleges, students with psychiatric disabilities can't get appropriate services

## From a person's point of view (recovery)

Hanze University Groningen,  
Research Department of  
Rehabilitation

## Recovery Process

Recovery is the process of self-discovery  
and change as one grows beyond the  
catastrophe of mental illness

It is a way of living a satisfying and  
meaningful life with or without limitations  
caused by the illness

The role of student (most of the time) supports the  
recovery process of the (young) adult with  
psychiatric disabilities

Anthony, 1990

## Mission of SEd

To help (young) adults with psychiatric  
disabilities to choose, get and keep  
regular education

(Unger & Anthony, 1992)

## Through....

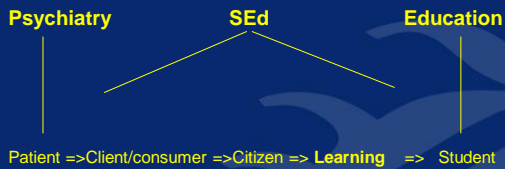
preparation, assistance and support  
(on-site & mobile)

to individuals with a psychiatric disability

who wish to pursue post-secondary education  
or training,

following a psychiatric rehabilitation model

## SEd: the link between psychiatry and education



## The Supported Education Center of Expertise

### Aim of the Center

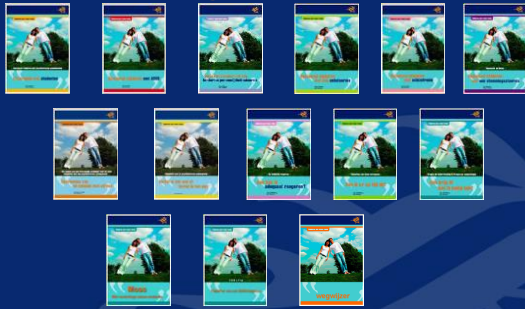
To develop products and services for and provide information to students, clients, family members, educational staff and MH practitioners about studying with a psychiatric disability

### Activities of the Center

- SEd initiatives and programmes in ± 20 cities or regions
- Five national SEd conferences
- Website [www.begeleidleren.nl](http://www.begeleidleren.nl) (Begeleid Lereren = Supported Education)
- ± 25 articles in journals; 2x a special issue in Journal of Rehabilitation, ± 80 presentations & workshops
- Dissertation about SEd (in Dutch, English summary)
- Interest from and contacts with other (European) countries: Belgium, England, Norway, Portugal, Sweden, Czech, Australia, New Zealand, South Africa
- SEd courses for MH practitioners and Educational staff
- Workshops for students
- Studying with Support Project 2004-2005
- Studying with Autism in Higher Education Project (2006-2007)
- Good Practice study (2008-2009)
- Studying with a disability at the Hanze University Groningen (2010-2012)



[www.begeleidieren.nl](http://www.begeleidieren.nl)



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## Recent & Current projects

## Decision making course modified for highschool students with autism

### Kieskeurig

Deze cursus die op het MBO het kiezen van een  
vervolgopleiding na de MBO of het VWO



CURSUSBOEK VOOR LEERLINGEN

HOOFDSTUK 1  
HOOFDSTUK 2  
HOOFDSTUK 3

### Kieskeurig



HOOFDSTUK 1  
HOOFDSTUK 2  
HOOFDSTUK 3

### Kieskeurig

Deze cursus die jongeren met een autisme spectrum  
stoornis helpt bij het kiezen van een  
vervolgopleiding na de MBO of het VWO



DOCENTENHANDLEIDING

HOOFDSTUK 1  
HOOFDSTUK 2  
HOOFDSTUK 3

## Getting & Keeping

## Onsite & Mobile Support

## General support services

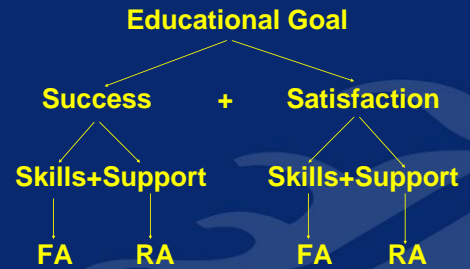
### Functional Assessment (FA)

- What are the skills you need to be successful and satisfied at school?

### Resource Assessment (RA)

- What are the resources you need to be successful and satisfied at school?

## Skills & Support



“To tell or not to tell”

Disclosing



Peer Support group for students with psychiatric disabilities



# Handbook Supported Education



# National Supported Education project



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# European Supported Education project



<p><b>Begeleid Leren</b></p> <p><b>Begeleid Leren: nieuwe interventies voor de professional</b></p> <p>Het ondersteunen van jongeren met psychische beperkingen bij het kiezen, verkrijgen en behouden van een reguliere opleiding</p> <p><b>ACHTERGROND</b></p> <p>Bereidingsproblemen bij het kiezen van een opleiding</p> <p>De meeste psychische problemen komen voor het eerst tot uiting tussen de 17 en 25 jaar</p> <p>Professionals in het onderwijs en de GGZ ervaren handlingsproblemen bij het begeleiden van jongeren met psychische problemen en dit kan het onderwijs op schoolverlaten van deze jongeren</p> <p>Het Begeleid Leren project draagt bij aan de duurzame inzet van professionals door:</p> <ul style="list-style-type: none"> <li>✓ innovatieve competentieontwikkeling</li> <li>✓ de interdisciplinaire samenwerking te verbeteren</li> </ul> <p><b>DOELLEN EN ACTIVITEITEN</b></p> <ul style="list-style-type: none"> <li>✓ Ontwikkeling van een Toolkit Begeleid Leren</li> <li>✓ Opzetten van een Regionaal Netwerk</li> <li>✓ Ontwerpen interventies en pilot training</li> <li>✓ Ontwikkeling interdisciplinaire samenwerking</li> <li>✓ Betrokken (studenten) experts</li> <li>✓ Implementatie in de eigen organisatie</li> <li>✓ Communicatie over medewerkers en website <a href="http://www.begeleidleren.nl">www.begeleidleren.nl</a></li> </ul> <p>Meer info: <a href="mailto:O.L.Ander@hva.nl">O.L.Ander@hva.nl</a></p>	<p><b>Impulse</b></p> <p><b>Supported Education for youth with psychiatric disabilities</b></p> <p>Heine University Groningen (NL) - Leuven, Ploem (CZ) - AEPS Lubus (PT) - South West University of Bulgaria (BG) - MIA (SI)</p> <p><b>BACKGROUND</b></p> <p>Higher and advanced vocational education prepare young adults for a career and enhance their life goals</p> <p>The onset of mental illness generally occurs between 17 and 25 years</p> <p>For young adults with psychiatric disabilities, educational resources are largely unavailable</p> <p>Demotivating obstacles are migration and discrimination</p> <p>This results in under- or unemployment and social exclusion</p> <p>The Impulse project will contribute to empower young adults to:</p> <ul style="list-style-type: none"> <li>✓ get better access to higher education</li> <li>✓ be able to complete a study successfully</li> </ul> <p><b>INFORMATION OF SUPPORTED EDUCATION</b></p> <p>The provision of individualized, practical support and resources to assist youth with psychiatric disabilities to achieve their educational goals</p> <p>Meer info: <a href="mailto:O.L.Ander@hva.nl">O.L.Ander@hva.nl</a></p>
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# Q & A

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## Future SEd projects

## Research & Innovation projects

- Randomized Controlled Trial
- Evaluation study Disclosure
- Cognitive Remediation
- ?

## A B C of Supported Education

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## A B C of Supported Education

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A B C  
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Registration open!  
November 16-17, 2015, Groningen, the Netherlands  
**The 1st European Conference  
on Supported Education**  
[www.supportededucation.eu/conference](http://www.supportededucation.eu/conference)



**Supported Education is defined as the provision of individualized, practical support and instruction to assist people with psychiatric disabilities achieve their educational goals.**

To explore the current practice, the research and theoretical issues in the field of supported education, the conference will feature a combination of the latest research findings in supported education, the conference will bring together researchers, practitioners, and policy makers and other stakeholders who are interested in the current practice of supported education. The goal of the conference is to share knowledge of supported education practice around Europe and the rest of the world.

Identifying an interest in a theme, lecture address on supported education topics. Several speakers:

- **Barbara Stangor, PhD**, speaks on the role of supported education over the globe and its impact on the social development of the world. She will discuss the challenges in supported education and the role of the research in supported education.
- **Professor Helmut Fuchs, MEd**, speaks on the challenges of the supported education program in the USA.
- **Professor David van Balkom, PhD**, is a full professor at the Institute for Learning Disabilities of the University of Groningen. He will discuss the role of research in supported education.

• **Michelle Healy**, former professor at Oregon State University, will discuss the "Supported Education: A Guide to Practice" book. She will discuss the role of research in supported education and the role of the research in supported education.

• **Professor Jan Koster, PhD**, research center for Education at the University of Groningen, will discuss the role of research in supported education.

• **Professor Dr. J. H. M. van Balkom**, full professor at the University of Groningen, will discuss the role of research in supported education.

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share your talent. move the world.

[www.supportededucation.eu](http://www.supportededucation.eu)

[www.supportededucation.eu/conference](http://www.supportededucation.eu/conference)

[www.begeleidieren.nl](http://www.begeleidieren.nl)

Q & A



ImpuSE project 2013-2016

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